



Sports Medicine

An Introduction to It's Pathway

Health and Human Services

Pathway Description with Pictures

- Sports Medicine is an exciting option for high school students interested in health, fitness, and helping athletes perform at their best. This pathway offers a blend of science, physical activity, and hands on experience, making it ideal for students who enjoy both learning in the classroom and being active.

What is Sports Medicine?

- Sports Medicine focuses on the prevention, diagnosis, treatment & rehabilitation of injuries related to sports and physical activity. Professionals in this field work with athletes of all levels, from high school teams to professional leagues, industry personnel and fine arts performers.

Classrooms & Lab Space



Why Choose Sports Medicine?



- If you are interested in Health & Fitness
- Want hands-on learning
- Can lead to various careers including athletic training, physical therapy, exercise science & medicine.

Coherent Sequence

- Sports Medicine I
- Sports Medicine II
- CTE Internship



Credentials & Benefits

01

13 College Credits Available

Through Rio Salado
Community College

02

**CPR & First Aid
Certification**

Receive Heartsaver & BLS
Certifications

03

**OSHA 10
Certification**

Learning about safety &
professionalism in the
workplace

Technical Skills & Learning Objectives



Injury recognition,
evaluation & treatment



Anatomy & Physiology
Overview & Body
Systems Knowledge



Emergency Care &
Safety



Taping, bracing &
wrapping



Fitness Techniques &
Nutrition



Rehabilitation of
injuries & Modality use



Sports Psychology



Medical Terminology &
Professional Skills

Sports Medicine Team

- S



Careers with Sports Medicine



Athletic Trainer

Healthcare professional who specializes in preventing, diagnosing & treating injuries & illnesses related to physical activity, particularly in athletes



Physical Therapist

Dedicated to helping people improve their physical function, reduce pain & regain mobility after injuries & illnesses

Careers with Sports Medicine



Medical Doctor

Most respected & rewarding professions, dedicated to diagnosing, treating & preventing illnesses & injuries in patients



Emergency Medical Tech

Dynamic and crucial role within the healthcare industry. Focusing on providing emergency medical care to people in urgent situations

Career & Technical Student Organization: HOSA

Art Club
Belle M. Austin J. Joy I.

CHATTANOOGA

Achievements



Events

